



VERDURA RESORT
SICILY

SWIMMING ACADEMY

Enjoy swimming lessons with Martina and Andrea, our professional instructors.

Tuitions range from simply exploring the water and starting to feel comfortable in it, to getting comfortable with different swimming styles such as backstroke, front crawl and butterfly, to becoming a speedy and stylish swimmer.



LEVEL ONE

Explore water, body immersion, coordination exercises, and leg stroke.



LEVEL TWO

Elementary push, basic and underwater swimming, stroke learning and dives.

RATES

Single lesson (40 mins): €90
Three lessons (40 mins): €230
Five lessons (40 mins): €380

Tuitions take place at Verdùland (kids and teens) and at Infinity Pool (adults).
Available upon reservation,
from April 15th to October 30th.

For further information and reservations:
Email: fitness.verdura@roccofortehotels.com
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A ROCCO FORTE HOTEL

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